



The Peanut Butter I Can't Get Enough of It Cookbook : Healthy, Mouthwatering Recipes and Fascinating Facts for Peanut Butter Lovers

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The 50 healthy, delicious recipes and serving suggestions in this book will satisfy the cravings of every peanut butter lover and appeal to those looking for easy, nutritious recipes that taste great. Are you looking for delectable gluten-free foods? Do you want to avoid trans fats? What if you could make no-cook, fabulous peanut butter desserts without dairy or refined sugar? Perhaps you want nutritious snacks for the kids. Peanut butter goes well with many foods while quickly boosting nutrition and flavor. Enjoy the benefits of peanut butter in these wholesome, guilt-free recipes. If you can't get enough of peanut butter, you will be delighted to know that this book also contains the history of peanut butter, and facts about your favorite food. Discover: Where peanuts originated, Which famous people love peanut butter, Ernest Hemingway's favorite sandwich, If creamy peanut butter is more popular than crunchy, How many peanut butter sandwiches the average American child will eat by the time they graduate from high school. Immerse yourself in the tastes and tales of peanut butter have more of what you can't get enough of.

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